

Big Bench Route

A historic section of the Franciscan Way, walking through hills and villages that preserve the memory of St. Francis.



Day 1 – Montecastrilli → Farnetta (9 km)

Easy warm-up stage through oak woods, ending at the first Big Bench. Dinner & overnight.

Day 2 – Farnetta → Castel dell’Aquila (21 km)

Walk along the ancient Via Amerina, discovering villages and countryside. Dinner & overnight.

Day 3 – Castel dell’Aquila → Montecastrilli (24 km)

Panoramic ridges and vineyards leading back to Montecastrilli. Dinner & overnight.



Day 4 – Montecastrilli → Quadrelli → Casteltodino → Collesecco (20 km)

Gentle paths across castles and villages, ending with the Big Bench of Collesecco. Closing dinner & overnight

